

# 20 SIGNS THAT YOUR LOVED ONE MAY NEED MORE HELP



**CARE** *Patrol*™

Your Partner In Senior Care Solutions



## Finding the **Right Care** Option

Since 1993, CarePatrol has partnered with families to find the right care solution for their loved ones, including Assisted Living, Independent Living, Memory Care, In-Home Care, Nursing Homes and more.



**Considering senior care options?**

**We are your partner in the process.  
Contact us.**

**Whether you share a home or are visiting a loved one, it is very important to pay attention to any and all signs that may point to your loved one's need of extra help. Check out the signs below to see if it is time to think about senior care options.**

1. Spoiled food that doesn't get thrown away
2. Missing important appointments
3. Unexplained bruising
4. Trouble getting up from a seated position
5. Difficulty with walking, balance and mobility
6. Uncertainty and confusion when performing once-familiar tasks
7. Forgetfulness
8. Unpleasant body odor
9. Infrequent showering and bathing
10. Strong smell of urine in the house
11. Noticeable decline in grooming habits and personal care
12. Dirty house, extreme clutter and dirty laundry piling up
13. Stacks of unopened mail or an overflowing mailbox
14. Unpaid bills or unanswered-time sensitive correspondence
15. Poor diet or weight loss
16. Loss of interest in hobbies and activities
17. Changes in mood or extreme mood swings
18. Forgetting to take medications or taking more than the prescribed dosage
19. Diagnosis of dementia such as early onset Alzheimer's
20. Unexplained dents and scratches on a car

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Let us help. We are your trusted partner.



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